

## **Rules and Regulations** (March 2008 version)

The classic southern **traverse** is an adventure race organised and managed by Southern Traverse (2005) Ltd, a premier international event management company.

By entering classic southern **traverse**, the teams and assistant crew agree to follow the race rules; public regulations (e.g. highway code, etc.); Department of Conservation regulations; to respect the environment of the terrain that they are moving through; and to respect any private properties that they cross.

The organisation subscribes to an insurance that covers fire damages or damage to property only. This is not personal accident/injury or personal property insurance.

All participants compete at their own risk and the organisers will not accept liability for any personal accident or injury during the event. A liability form must be completed and signed by all competitors.

## **Administrative formalities**

### **Registration**

Entries will be considered complete when the Southern Traverse office has the following:

- The entry fee payment
- The completed registration forms per team

Newsletters and mail outs will be addressed to the team captain and distributed via email.

Entries will not be accepted from people under 18 years of age without first being assessed by the organisation and with parental approval.

### **Fees**

Entry fee for the 2007 classic southern **traverse** is NZ\$595 per person.

By cheque: Make cheque payable to Southern Traverse Ltd.

By Credit Card: Visa or Mastercard. Note: a additional 3% fee will be charged if you use this method.

A non refundable \$200 deposit per person is required to receive confirmation of entry. Confirmation will be sent by email.

In the event of a withdrawal, the registration fees will be refunded minus 30% handling charges ( except for the non refundable deposit). No refunds will be made after the 12th March 2008, except for medical reasons - medical certificate will be required.

If the organisation had to cancel due to unforeseen circumstances, a 30% refund of entry fee will be made.

## **Program**

The organisation will keep registered teams up to date with regular newsletters.

Thursday 10th April	4pm - 6pm	Race Registration & Gear Check
Thursday 10th April	7.00pm	Race Briefing
Friday 11th April	9.00am	Start
Saturday 12th April	0000am	Start
Sunday 13th April	0600am	Start
	from 1pm	Post Race Meal & Prize Giving

### **The Team**

The classic Southern Traverse is open to teams of two or four persons.

2 person categories: Mixed, Men, Women.

4 person division: each team must have one woman.

Each team will need a support crew.

It is recommend that team members have first aid certificates.

Competitors must know how to swim and have a Grade 2 kayak certificate.

Each competitor will have to fill in a medical form and a liability form.

The medical form will stay strictly confidential and be used only by medical professionals.

Team members must be able to navigate with compass, altimeter and topographic map, at night and in any weather conditions and possess the skills required in the disciplines of the event.

Each competitor enters under their own responsibility. He / she alone can judge whether they should participate in the event, start and continue to the finish line. Nevertheless, the organisation reserves the right with consultation of a doctor, or for any other reason deemed suitable by the jury / race officials, to forbid a competitor, or a team, from setting off or continuing on the course.

### **Assistants**

Assistance to the teams is available only at designated checkpoints and only within a 100-metre radius around these checkpoints. All outside help is prohibited between designated checkpoints.

### **Competition**

The race covers approximately 200 kilometres of a variety of disciplines which will include kayaking, trekking and mountain biking. The race will continue with both day and night sections with an anticipated time of 29hrs for the fastest and 42hrs for the slowest teams.

The secret course will be revealed at the pre-race briefing by the race directors with alternative routes and cut-off times indicated. A booklet will also be presented to each team with a team list, rules and regulations and other information.

Competitors must follow the course and alternatives designed by the organisation, and must comply with the spirit of the competition. Team members must travel within 100 metres of each other.

The route of the course may be added to, modified or cancelled at any moment by the organisers due to bad weather, security or other unforeseen circumstances deemed suitable by the race directors.

Competitors will also be briefed on weather conditions and other important issues by race officials.

### **Check Points and Transitions Areas**

The course is punctuated by checkpoints that competitors must pass as a whole team. A checkpoint is usually manned by event officials, but can also be remote and unmanned ie the orienteering / rogaining stage. A transition area is not only a checkpoint, but also an assistance area where the teams meet their support crew and most likely change discipline.

The checkpoints are placed in locations described in the competitors and assistants notes, with map co-ordinates giving the exact location.

Each team member must be present at a checkpoint to check in on arrival and check out on departure. The team must sign the checkpoint or transition area sheet to record their passage.

Teams must follow the instructions given by officials responsible for the checkpoints.

In case of a remote and unmanned checkpoint, team must follow the instruction given to them at the briefing. e.g.: record a password / number in order to prove their passage. This information will then be given at the next manned checkpoint.

All checkpoints, manned or unmanned, must be visited. Missing a checkpoint will result in the team being excluded from being ranked. An exception to this are the 'control points' during the orienteering legs where teams will have to decide which of these to visit or not.

### **Officials**

A team of various officials, safety officers, mountain guides, and medical personnel assists the organisation.

Team members and assistants must respect the instructions given by the officials and must follow their decisions regarding safety, health, security, or any other decision pertaining to the race and the course in general.

Any abuse towards a member of the organisation's team will entail severe sanctions.

### **Withdrawal**

In case of withdrawal during the race of a competitor, or an entire team, the team captain must inform the organisation by any means available and in the shortest possible time.

If the team fails to notify the race organisation of its withdrawal and a search and rescue operation is mounted the team may be deemed responsible and expected to pay for any financial costs incurred.

A competitor/team who is disqualified will not be allowed back on the course. The organisation is not responsible for a competitor/team who has withdrawn.

### **Time penalties/disqualification/unranking**

Disqualification will occur for:

- Unfair behaviour
- Use of unauthorised equipment eg GPS
- Abandonment of a team member during a section of the race
- Non assistance to person in danger
- Use of performance enhancing drugs
- Use of unauthorised means of transport

Unranking will occur for:

- Missing a CP ( except for the orienteering legs)

The organisation reserves the right to allocate a 2 hour time penalty for:

- Presence of a support member in a forbidden sector
- Non wearing of helmets where required
- Non wearing of bib
- Support crew checking course by foot or bike
- Dropping rubbish

This list is not exhaustive.

### **Jury**

A race jury will view any legitimate protest. All protests must be filed in writing with the organisers within one hour of finishing the section. The jury has the right to impose penalties, or add bonuses to the team times.

### **Timing**

The organisation will start a chronometer at the start of the race. Times will be recorded at manned checkpoints, and when the teams cross the finish line on each day. When a team decides to rest at a checkpoint, the watch doesn't stop. A 24hr clock is used.

### **Placings**

Teams can only be ranked when all members have crossed the finish line after having completed the entire course, through the mandatory checkpoints.

Official ranking and results of the classic southern **traverse** 2007 will be announced during the prize giving.

### **Prizes**

The overall 4 person winners will receive a prize which will include a free entry into the next AR World Championship to be held in Brazil in 2008.

There will also be other category and place prizes provided by our sponsors.

Spot prizes and other awards will be attributed to teams without considering ranking, or to team members, assistants or any other accompanying persons.

The SOUTHERN TRAVERSE Organisation reserves the right to add, modify or cancel any of the rules and regulations.

### **Gear list**

Team equipment

- 1x First aid kit (as per list attached)
- 1x cell phone (sealed in a bag)
- 1x Altimeter
- 1x Compass
- 2x marine smoke flares
- Team equipment
- 1 x foam pad
- 1 x waterproof tent fly
- 1 x knife (ie pocket knife, blade length - 5cm approx)
- 1 x sleeping bag (minimum 130gm down fill weight)  
or synthetic fill bags that have a temp rating of 0 degrees
- 1 xdry bag for the boat.

Personal equipment:

- 1x Survival blanket
- 1x Polypro or woollen top (long sleeves)
- 1x Polypro or woollen bottom (pants)
- 1x Fleece top (minimum 100 weight, long sleeves)
- 1x Fleece or woollen hat
- 1x Whistle
- 1x Headlamp
- 1x Waterproof jacket i.e. Reflex, Gore-Tex
- 1x Waterproof pants
- 1x Polypropylene or wool gloves

Additional suggested clothing

- 1x gaiters

### **Kayaking**

Team equipment

- 4 person Team required: 2x Double kayaks or 1 double / 2 singles
- 2 person teams: 1 x double or 2 x single kayaks
- 1x Throw rope/ bag (20 metre min)

Personal equipment

- 1x Life jacket
- 1x white water kayak helmet

### **Mountain Bike**

Personal equipment

- 1x Mountain bike
- 1x Red strobe light (rear flashing light)
- 1x Cycle helmet

Cycle helmets must be worn during the whole biking section.

### **Equipment inspection**

At race registration, there will be a minimum gear inspection in order that the organisers can certify that every team meets the requirements of the race regulations.  
Other gear inspections can occur at any time during the race.

### **Forbidden equipment / items**

GPS and night vision devices are not allowed.  
Performance enhancing drugs.  
Any maps not authorised by the organisation

### **Bibs, stickers and sponsorship**

The bibs provided by the organisation must be worn at all times on the outside of all clothing, including life jackets. Teams will not be allowed to progress without bibs. Bibs cannot be modified in any way

Competitor sponsor name and logo may be placed on any other area.

**First Aid Kit**

**Per Team**

Painkillers  
Disinfectant i.e. Betadine or iodine wipes  
Crepe bandage  
Gauze pads  
adhesive elastic tape  
Assorted plasters  
Sunscreen