

Macpac 8hr Adventure Challenge

15th November 2008

Competitor Briefing Sheet

Registration: Queenstown Event Centre, Mezzanine Function room, Qtn, Friday 14th Nov, from 6.00pm to 8pm

Race Briefing: Queenstown Event Centre, Mezzanine Function room, Qtn, Friday 14th Nov, from 8.30pm

(each team and individual competitors are required to sign race rules/waiver)

Race Start Location: Greenstone, Lake Wakatipu

Start time: Saturday 15th Nov, 8.00am, at Greenstone Station

Prize giving: Sunday 16th Nov, 10am, Dux de Lux in Queenstown

STAGE ONE

Paddle 10 kms
Greenstone - Kinloch

Est fastest time 1 hour 15

Paddle from Greenstone to Kinloch up the coastline of the Wakatipu

Rules

- Start location to be set by officials and wave action on beach
- Put kayaks on beach prior to official start in bib number order
- Must be at start line before 0945

Notes

- The assistants are responsible for removing any rubbish or other material

Marshals

- On the beach and in 2 or 3 safety boats

Assistants

- Drive from TA1 along narrow road to Kinloch

STAGE Two

Mt Bike 21 kms
Kinloch - Paradise

Est fastest time 1 hour

Mountain bike using Routeburn Kinloch Road (gravel) and Glenorchy Routeburn road and farm tracks to Paradise. Turn left at the base of Mt Alfred. and follow Southern Traverse flags and signs to Paradise . Some mud and tree root sections in the forest on the approach to the Paradise tracks.

Rules

- Helmets must be worn
- Competitors must ride single file unless passing
- **Road is not closed for traffic so respect the road rules**
- Normal road rules apply
- Ride with respect to the conditions

Notes

- Drivers / support crews / team mates please be very aware of cyclists on the roads

Marshals

- Paradise only

Assistants

- Drive out on Kinloch Road to cross Dart River Bridge.

CAREFUL Cyclists on this section

Follow Glenorchy Routeburn road to intersection with Glenorchy Paradise Road. Turn left and drive approx 11kms across the river Jordon and turn into Paradise area (Southern Traverse flag)

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STAGE THREE Run 9 kms

Est fastest time 1 hour 30

Competitors must run from the changeover using Southern Traverse flags along Paradise tracks to gain the Dart 'beach' and follow the 'coastline' of the Dart River except where the river is against the hill. Use bush tracks to run around these sections and regain the coastal gravels to continue to Chinamans Bluff. The route is not marked.

Rules

Notes

- Take due care on rough gravel and bush tracks

Marshals

- Chinamans Bluff

Assistants

- Drive out on Kinloch Road to cross Dart River Bridge.
- Turn left as you leave Paradise and drive to Chinamans Bluff - 2 fords.
- Changeover is at the end of the road. **CAREFUL** Cyclists on this section of road.
- Park with consideration of others at Chinamans Bluff

STAGE FOUR

Mt Bike 11 kms

Est fastest time 30mn

Mountain bike from Chinamans Bluff to Paradise.

Rules

- Normal road cycling rules apply
- Helmets must be worn

Notes

- Follow ST flags and signs from road to finish line
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Marshals

- Finish Line

Assistants

- Return to Paradise
- Turn left as you leave Paradise and drive to Chinamans Bluff - 2 fords.
- Changeover is at the end of the road. **CAREFUL** Cyclists on this section of road.
- Park with consideration of others at Chinamans Bluff